

# Wave Turbulence in particle Physics and Cosmology

Sergey Nazarenko, B. Dubrulle and B. Gallet  
University of Warwick, Mathematics Institute, UK,  
Service de Physique de l'État Condensé, CEA Saclay, France



Field theories in the particle physics and cosmology are nonlinear PDEs with non-trivial linear modes. Linear modes are the particles, the nonlinear interactions are the inter-particle reactions.

Wave turbulence provides a tool for understanding the particle reactions, Bose-Einstein condensation and describe new non-equilibrium states similar to the Kolmogorov cascade in turbulence.

Example of an interesting problem: the Higgs mechanism is essentially about finding linear normal modes in a symmetry-broken system. How will the nonlinearity affect it?

In this work you will see the Bose-Einstein condensation of pions, KZ spectra of their momenta, nonlocal interaction.

Gellmann's  $\sigma$ -model, also discussed by Goldstone, Nambu and many others since. It is the most used scalar field model for explaining the spontaneous symmetry breaking:

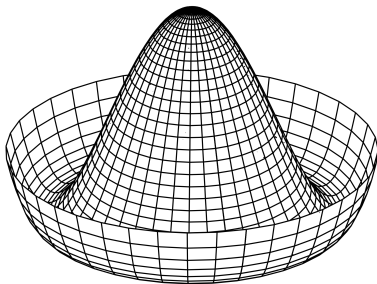
$$\psi_{tt} - \Delta\psi + (-1 + |\psi|^2)\psi = 0, \quad (1)$$

where  $\psi(\mathbf{x}, t) \in \mathbb{C}$ . The linear part of this equation is like Klein-Gordon equation, but with a negative square mass (“superluminal particles”). No localised particle-like excitation around the base state  $\psi = 0$  because it is unstable. This is a model for interacting massive  $\sigma$ -meson and a massless pion (Goldstone boson).

Equation (1) conserves the total energy

$$E = \int \left[ |\psi_t|^2 + |\nabla\psi|^2 - |\psi|^2 + \frac{1}{2}|\psi|^4 \right] dx, \quad (2)$$

where the last two terms correspond to the famous Mexican hat potential  $U(\psi) = -|\psi|^2 + |\psi|^4/2$ ; we therefore refer to equation (1) as the Klein-Gordon Mexican Hat (KGMH) model.



Equation (1) is invariant w.r.t.  $\psi \rightarrow e^{i\alpha}\psi$ , with  $\alpha = \text{const}$ . The invariant corresponding to this  $U(1)$  symmetry is the “charge”,

$$Q = \frac{i}{2} \int (\psi \partial_t \psi^* - \psi^* \partial_t \psi) d\mathbf{x}. \quad (3)$$

In this work  $Q = 0$ .

Fix the symmetry broken state's phase to be 0,  $\psi_0 = 1$ , and consider perturbations of this state,

$$\psi(\mathbf{x}, t) = 1 + \phi(\mathbf{x}, t).$$

Substitution into equation (1) yields

$$\phi_{tt} - \Delta\phi + \phi + \phi^* + 2\phi\phi^* + \phi^2 + |\phi|^2\phi = 0. \quad (4)$$

We focus on the weakly-nonlinear dynamics, so neglect the cubic nonlinearity. In variables  $\lambda = \Re(\phi)$  and  $\chi = \Im(\phi)$  we have

$$\lambda_{tt} - \Delta\lambda + 2\lambda + 3\lambda^2 + \chi^2 = 0, \quad (5)$$

$$\chi_{tt} - \Delta\chi + 2\lambda\chi = 0. \quad (6)$$

Two linear modes  $e^{i\mathbf{k}\cdot\mathbf{x}-i\omega t}$  with

$$\omega_{\mathbf{k}}^a = \sqrt{2 + k^2}, \quad (7)$$

$$\omega_{\mathbf{k}}^b = k, \quad (8)$$

where  $k = |\mathbf{k}|$ . Branch  $a$  corresponds to massive particles whereas branch  $b$  – to a massless Goldstone boson. This is a basic model for coexisting  $\sigma$ -meson (branch  $a$ ) and pion (branch  $b$ ) fields, in which the pion's mass is neglected.

The system (5-6) follows from the following Hamiltonian,

$$H = \int \left[ \frac{1}{2}p^2 + \frac{1}{2}q^2 + \frac{1}{2}(\nabla\lambda)^2 + \lambda^2 + \frac{1}{2}(\nabla\chi)^2 + \lambda^3 + \lambda\chi^2 \right] d\mathbf{x},$$

where  $p$  and  $q$  are the momenta conjugate to the variables  $\lambda$  and  $\chi$  respectively. Hamilton equations are

$$\lambda_t = \frac{\delta H}{\delta p}, \quad p_t = -\frac{\delta H}{\delta \lambda}, \quad (9)$$

$$\chi_t = \frac{\delta H}{\delta q}, \quad q_t = -\frac{\delta H}{\delta \chi}. \quad (10)$$



# Hamiltonian system in Fourier space

We consider these equations in a  $d$ -dimensional periodic cube of side  $L$  and introduce Fourier series,

$$\begin{pmatrix} \lambda(\mathbf{x}, t) \\ \chi(\mathbf{x}, t) \\ \rho(\mathbf{x}, t) \\ q(\mathbf{x}, t) \end{pmatrix} = \sum_{\mathbf{k}} \begin{pmatrix} \hat{\lambda}_{\mathbf{k}}(t) \\ \hat{\chi}_{\mathbf{k}}(t) \\ \hat{\rho}_{\mathbf{k}}(t) \\ \hat{q}_{\mathbf{k}}(t) \end{pmatrix} e^{i\mathbf{k}\cdot\mathbf{x}}, \quad (11)$$

where the sums are over  $\mathbf{k} \in \frac{2\pi}{L}\mathbb{Z}^d$ . Because these four fields are real-valued,  $(\hat{\lambda}_{-\mathbf{k}}, \hat{\chi}_{-\mathbf{k}}, \hat{\rho}_{-\mathbf{k}}, \hat{q}_{-\mathbf{k}}) = (\hat{\lambda}_{\mathbf{k}}^*, \hat{\chi}_{\mathbf{k}}^*, \hat{\rho}_{\mathbf{k}}^*, \hat{q}_{\mathbf{k}}^*)$ .

# Hamiltonian system in Fourier space

In Fourier space, Hamilton equations therefore become

$$\dot{\hat{\lambda}}_{\mathbf{k}} = \frac{\partial H}{\partial \hat{p}_{\mathbf{k}}^*}, \quad \dot{\hat{p}}_{\mathbf{k}} = -\frac{\partial H}{\partial \hat{\lambda}_{\mathbf{k}}^*}, \quad (12)$$

$$\dot{\hat{\chi}}_{\mathbf{k}} = \frac{\partial H}{\partial \hat{q}_{\mathbf{k}}^*}, \quad \dot{\hat{q}}_{\mathbf{k}} = -\frac{\partial H}{\partial \hat{\chi}_{\mathbf{k}}^*}, \quad (13)$$

with

$$H = H_2 + H_{int}, \quad (14)$$

$$H_2 = \frac{1}{2} \sum_{\mathbf{k}} \left[ |\hat{p}_{\mathbf{k}}|^2 + (\omega_{\mathbf{k}}^a)^2 |\hat{\lambda}_{\mathbf{k}}|^2 + |\hat{q}_{\mathbf{k}}|^2 + (\omega_{\mathbf{k}}^b)^2 |\hat{\chi}_{\mathbf{k}}|^2 \right], \quad (15)$$

$$H_{int} = \sum_{\mathbf{k}_1, \mathbf{k}_2, \mathbf{k}_3} \left[ \hat{\lambda}_{\mathbf{k}_1} \hat{\lambda}_{\mathbf{k}_2} \hat{\lambda}_{\mathbf{k}_3} + \hat{\lambda}_{\mathbf{k}_1} \hat{\chi}_{\mathbf{k}_2} \hat{\chi}_{\mathbf{k}_3} \right] \delta(\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3), \quad (16)$$

where  $\delta$  is the Kroenecker symbol.

Introduce the normal variables  $a_{\mathbf{k}}$  and  $b_{\mathbf{k}}$  that diagonalize  $H_2$ ,

$$\hat{\lambda}_{\mathbf{k}} = \frac{a_{\mathbf{k}} + a_{-\mathbf{k}}^*}{\sqrt{2\omega_{\mathbf{k}}^a}}, \quad \hat{\rho}_{\mathbf{k}} = \frac{\sqrt{\omega_{\mathbf{k}}^a}(a_{\mathbf{k}} - a_{-\mathbf{k}}^*)}{i\sqrt{2}}, \quad (17)$$

$$\hat{\chi}_{\mathbf{k}} = \frac{b_{\mathbf{k}} + b_{-\mathbf{k}}^*}{\sqrt{2\omega_{\mathbf{k}}^b}}, \quad \hat{q}_{\mathbf{k}} = \frac{\sqrt{\omega_{\mathbf{k}}^b}(b_{\mathbf{k}} - b_{-\mathbf{k}}^*)}{i\sqrt{2}}. \quad (18)$$

We refer to  $a_{\mathbf{k}}$  and  $b_{\mathbf{k}}$  as the respective amplitudes of  $a$  and  $b$  waves.

In these variables the equations of motion are

$$i\dot{a}_{\mathbf{k}} = \frac{\partial H}{\partial a_{\mathbf{k}}^*}, \quad (19)$$

$$i\dot{b}_{\mathbf{k}} = \frac{\partial H}{\partial b_{\mathbf{k}}^*}, \quad (20)$$

where  $H = H_2 + H_{int}$ , with

$$H_2 = \sum_{\mathbf{k}} \left[ \omega_{\mathbf{k}}^a |a_{\mathbf{k}}|^2 + \omega_{\mathbf{k}}^b |b_{\mathbf{k}}|^2 \right], \quad (21)$$

$$\begin{aligned} H_{int} = & \frac{1}{2\sqrt{2}} \sum_{\mathbf{k}_1, \mathbf{k}_2, \mathbf{k}_3} \frac{1}{\sqrt{\omega_1^a \omega_2^a \omega_3^a}} \left[ (a_1 a_2 a_3 \delta(\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3) \right. \\ & \left. + 3a_1 a_2 a_3^* \delta(\mathbf{k}_1 + \mathbf{k}_2 - \mathbf{k}_3)) \right. \\ & + \frac{1}{2\sqrt{2}} \sum_{\mathbf{k}_1, \mathbf{k}_2, \mathbf{k}_3} \frac{1}{\sqrt{\omega_1^a \omega_2^b \omega_3^b}} \left[ a_1 b_2 b_3 \delta(\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3) \right. \\ & \left. + 2a_1 b_2 b_3^* \delta(\mathbf{k}_1 + \mathbf{k}_2 - \mathbf{k}_3) + a_1^* b_2 b_3 \delta(\mathbf{k}_1 - \mathbf{k}_2 - \mathbf{k}_3) \right] + c.c.. \quad (22) \end{aligned}$$

# Three-wave interactions

The terms in the Hamiltonian (22) correspond to 3-wave processes of type

$$a + a + a \rightarrow 0, \quad a + a \rightarrow a, \quad a + b + b \rightarrow 0, \quad a + b \rightarrow b, \quad b + b \rightarrow a.$$

Out of these processes, the only one allowed by the frequency resonance condition is  $b + b \rightarrow a$ , so can discard all the other terms in  $H_{int}$  and write

$$H_{int} = \sum_{\mathbf{k}_1, \mathbf{k}_2, \mathbf{k}_3} V_{23}^1 a_1^* b_2 b_3 \delta_{12}^3 + c.c., \quad (23)$$

where we have a shorthand notation of Kronecker deltas,  $\delta_{23}^1 \equiv \delta(\mathbf{k}_1 - \mathbf{k}_2 - \mathbf{k}_3)$ , and the interaction coefficient

$$V_{23}^1 \equiv \frac{1}{2\sqrt{2}} \frac{1}{\sqrt{\omega_1^a \omega_2^b \omega_3^b}}. \quad (24)$$

# Three-wave interactions $b + b \rightarrow a$

The equations of motion become

$$\dot{a}_k = -i\omega_k^a a_k - i \sum_{k_1, k_2} V_{12}^k b_1 b_2 \delta_{12}^k, \quad (25)$$

$$\dot{b}_k = -i\omega_k^b b_k - 2i \sum_{k_1, k_2} V_{2k}^1 a_1 b_2^* \delta_{2k}^1. \quad (26)$$

Note: a Hamiltonian system with two types of interacting waves was studied by Zakharov, Musher and Rubenchik in 1985. In their study the dominant process was of the type  $a + b \rightarrow b$ , which leads to very different dynamics than the process  $b + b \rightarrow a$  considered here.

Define the wave action spectra of the modes  $a$  and  $b$ :

$$\lim_{L \rightarrow \infty} n_{\mathbf{k}}^a = \left( \frac{L}{2\pi} \right)^d \langle |a_{\mathbf{k}}|^2 \rangle, \quad \lim_{L \rightarrow \infty} n_{\mathbf{k}}^b = \left( \frac{L}{2\pi} \right)^d \langle |b_{\mathbf{k}}|^2 \rangle,$$

Assuming randomness of the initial phases and amplitudes, taking  $L \rightarrow \infty$  and  $a_{\mathbf{k}}, b_{\mathbf{k}} \rightarrow 0$  limits, using the standard wave turbulence approach we obtain the following kinetic equations,

$$\dot{n}_{\mathbf{k}}^a = 4\pi \int |V_{12}^{\mathbf{k}}|^2 (n_1^b n_2^b - 2n_1^b n_{\mathbf{k}}^a) \delta(\omega_{\mathbf{k}12}^{abb}) \delta_{12}^{\mathbf{k}} d\mathbf{k}_1 d\mathbf{k}_2, \quad (27)$$

$$\dot{n}_{\mathbf{k}}^b = 8\pi \int |V_{2\mathbf{k}}^1|^2 (n_1^a n_2^b + n_1^a n_{\mathbf{k}}^b - n_2^b n_{\mathbf{k}}^b) \delta(\omega_{12\mathbf{k}}^{abb}) \delta_{2\mathbf{k}}^1 d\mathbf{k}_1 d\mathbf{k}_2. \quad (28)$$

# Conservation laws for the kinetic equations

Kinetic equations (27) and (28) conserve the total wave energy,

$$\mathcal{E} = \int (\omega_{\mathbf{k}}^a n_{\mathbf{k}}^a + \omega_{\mathbf{k}}^b n_{\mathbf{k}}^b) d\mathbf{k}, \quad (29)$$

as well as the following particle invariant,

$$\mathcal{N} = \int (2n_{\mathbf{k}}^a + n_{\mathbf{k}}^b) d\mathbf{k}. \quad (30)$$

This second invariant is interesting. The process  $a \rightleftharpoons b + b$  is similar to a chemical reaction where  $a$  is a “molecule” made of two  $b$  “atoms”, and  $\mathcal{N}$  would be the total number of such  $b$  “atoms”: 1 per  $b$  wave, and 2 per  $a$  wave.



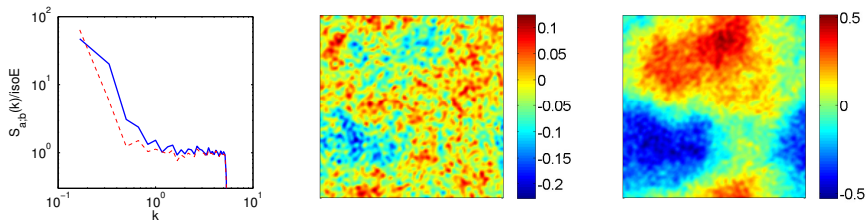
One can easily check that the kinetic equations admit solutions corresponding to the equilibrium Rayleigh-Jeans (or thermodynamic) equilibrium given by

$$n_{\mathbf{k}}^a = \frac{T}{\omega_{\mathbf{k}}^a + 2\mu}, \quad n_{\mathbf{k}}^b = \frac{T}{\omega_{\mathbf{k}}^b + \mu}, \quad (31)$$

for any temperature  $T = \text{const}$  and chemical potential  $\mu = \text{const}$ . The RJ states is expected in a truncated Fourier space. However, it does not form for some initial conditions: Bose-Einstein condensation occurs for low  $F = E/N$ .

No local KZ solutions exist in this case!

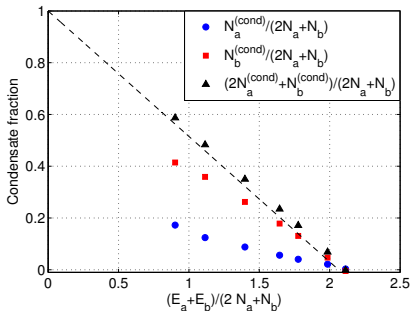
# Equilibrium in a truncated system



**Figure:**  $\mathcal{F}$  is below the BEC threshold. Left: spectrum of  $a$  and  $b$  waves normalized by energy equipartition spectra. The flat part on the rhs is in thermal equilibrium, and the bump at low  $k$  indicates condensation. Centre and right: snapshots at final time of the  $\lambda$  and  $\chi$  fields (modes  $a$  and  $b$  respectively).

$$n_k^a = \mathcal{N}_a^{(cond)} \delta(k) + \tilde{n}_k^a, \quad (32)$$

$$n_k^b = \mathcal{N}_b^{(cond)} \delta(k) + \tilde{n}_k^b. \quad (33)$$



**Figure:** Condensate fraction as a function of the energy per particle,  $\mathcal{F} = \mathcal{E}/\mathcal{N}$ . We show the condensate fraction of  $a$  particles (●),  $b$  particles (■), and  $2\mathcal{N}_a + \mathcal{N}_b$  (▲). The dashed-line is the theoretical prediction.

# Dynamical condensation as a nonlocal KZ cascade

Now let us consider a dynamical process by which condensation is achieved in an *untruncated* system. First, one can show that ensembles of  $b$ -waves at low-enough wave numbers are steady solutions to the kinetic equations. We refer to such solutions as “pion condensates”. We consider a small perturbation of the  $a$ - and  $b$ -wave spectra and study the evolution of these perturbations through a new effective kinetic equation.

# Dynamical condensation as a nonlocal KZ cascade

At low  $\mathcal{F} = \mathcal{E}/\mathcal{N} \ll \mathcal{F}_{crit}$ , most of the particles are in the  $b$ -condensate, and the remaining uncondensed particles are in both  $a$  and  $b$  modes,

$$n_k^a = \tilde{n}_k^a, \quad (34)$$

$$n_k^b = A\delta(k) + \tilde{n}_k^b. \quad (35)$$

Inserting this into the kinetic equations for leads to

$$\begin{aligned} \dot{\tilde{n}}_k^a &= \frac{4\pi A}{k\sqrt{2+k^2}} \left( \tilde{n}_{\sqrt{2+k^2}}^b - \tilde{n}_k^a \right) + \frac{2\pi}{k\omega_k^a} \int \delta(\omega_{k12}^{abb}) (\tilde{n}_1^b \tilde{n}_2^b - 2\tilde{n}_1^b \tilde{n}_k^a) dk_1 dk_2, \\ \dot{\tilde{n}}_k^b &= \frac{4\pi A}{k^2} \left( \tilde{n}_{\sqrt{k^2-2}}^a - \tilde{n}_k^b \right) + \frac{4\pi}{k^2} \int \frac{k_1}{\omega_1^a} \delta(\omega_{12k}^{abb}) (\tilde{n}_1^a \tilde{n}_2^b + \tilde{n}_1^a \tilde{n}_k^b - \tilde{n}_2^b \tilde{n}_k^b) dk_1 dk_2. \end{aligned}$$

Note that there is an exact energy-equipartition ( $\mu = 0$ ) solution for  $\tilde{n}_k^a$  and  $\tilde{n}_k^b$  in perfect agreement with the thermodynamic treatment of Bose-Einstein condensation.

# Dynamical condensation as a nonlocal KZ cascade

In the leading order in  $\tilde{n}/A$  we can drop the integrals. The remaining equations describe approaching, after a short transient, to an equilibrium:

$$\tilde{n}_{\sqrt{k^2-2}}^{a;0} = \tilde{n}_k^{b;0} \equiv n_k. \quad (36)$$

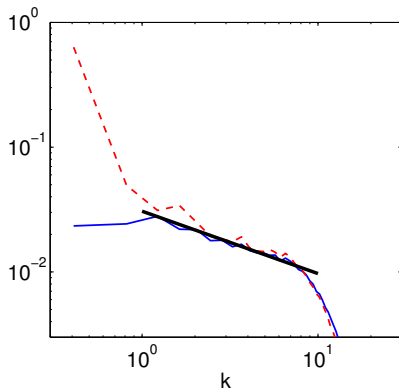
In the next order we have for  $n_k$  and equation which, for  $k \gg 1$ , is: In the relativistic limit  $k \gg 1$  the equation becomes scale-invariant,

$$\dot{n}_k = \frac{\pi}{k^2} \left[ \int_{k_1 \leq k} n_{k_1} n_{k-k_1} - 2n_{k_1} n_k dk_1 + 2 \int_{k_1 \geq k} n_{k_1} n_{k_1-k} + n_{k_1} n_k - n_{k_1-k} n_k dk_1 \right]. \quad (37)$$

This equation has an exact solution for the KZ type (direct energy cascade):

$$n_k = \frac{\mathcal{P}^{\frac{1}{2}} k^{-\frac{3}{2}}}{4\pi\sqrt{2\pi - 8\ln 2}}. \quad (38)$$

# Numerical simulation of nonequilibrium condensation



**Figure:** Out-of-equilibrium spectra in a numerical simulation of the KGMH equation. Most of the massive waves ( $\sigma$ -mesons) decay into massless waves (pions). A strong pion condensate appears. The remaining small-scale spectra are in quantitative agreement with the KZ prediction (38), shown as a thick solid line - including the prefactor!

- Nonlinear  $\sigma$ -model describes interactions of the massive waves ( $\sigma$ -mesons) decay into massless waves (pions).
- Symmetry breaking and cosmological phase transitions.
- Wave turbulence predicts condensation of Goldstone bosons (pions).
- Over-condensate excitations are described by a 3-wave kinetic equation.
- This kinetic equation admits an energy cascade KZ solution. In a infinite system, this solution corresponds to a condensate that increases in amplitude, while the energy cascades to larger and larger wave numbers. In a truncated system, the cascade is eventually arrested and the system reaches thermodynamic equilibrium.
- Next step - add vector field and study the nonlinear Higgs effect.